

LYONS AQUATICS

WATER POLO

2017 Junior Olympics Try-Outs

The goal of the Lyons Water Polo Club Junior Olympic (JO) group is to provide a highly competitive training environment for our athletes to participate at the highest possible level while striving for the best finish attainable in the JO Tournament in California. We will be selecting the top 10-12 athletes per age group. If enough athletes try-out, we will consider taking out multiple teams per age group.

TRYOUTS

On-line registration for try-outs (new players) & confirmation of returning players:

<https://www.active.com/western-springs-il/water-sports/swimming-registrations/lyons-aquatics-water-polo-jo-team-tryout-2017>

The Coaching Staff will utilize drills, one-on-one skills, team development skills, and scrimmages to evaluate the athletes. The Coaching Staff will be evaluating each athlete and make the final selections for the teams.

Try-out Dates:

- 16u Boys Sunday, November 19th 7-9 pm
- 16u Girls Sunday, TBD in February
- 14u Boys Sunday, TBD in February
- 14u Girls Sunday, TBD in February

Each athlete will be notified via e-mail whether they have been selected for their respective team by the end of November. Each selected athlete will then need to complete the following by March 1st in order to confirm their commitment to participate:

1. Register and pay for the JO summer sessions.
2. On-line registration with [USAWP](#) – Gold Membership (with Lyons Water Polo #1265)
3. Make the initial non-refundable JO Team Fee deposit (\$250) with the club.

The cost to attend the JO tournaments is being estimated at approximately \$1300-1500 – this includes coaching expenses, a team suit & t-shirt, ground transportation, airfare, lodging, meals, and drinks during the games.

- A second deposit will be due at the start of the summer season.
- Balance will be due at the conclusion of the tournament.



MENS SIZE CHART - INCHES		SIZING IS BASED ON ACTUAL WAIST SIZE - COMPARE TO BOARDSHORT SIZING										
Turbo WP Size	5XS/01	4XS/02	3XS/03	2XS/04	XS/05	S	M	L	XL	2XL	3XL	4XL
Waist Size (in inches)	20"	22"	24"	26"	28"	29"	31"	33"	35"	37"	40"	42"

WOMENS SIZE CHART - INCHES		COMPARE TO OTHER SWIM SUIT BRANDS										
Turbo WP Size	5XS/01	4XS/02	3XS/03	2XS/04	XS/05	S	M	L	XL	2XL	3XL	4XL
USA Suit Size	20	22	24	26	28	30	32	34	36	38	40	42

TOURNAMENT AND TRAINING/PRACTICE REQUIREMENTS:

Participation in the following Tournaments are required:

- USAWP Midwest Zone Jr. Olympic Qualifier
- Illinois Summer League games during the week
- American Water Polo- National State Challenge- July 12th to the 15th, 2018

Training/Practice participation expectations:

Local Athletes Average of 3 out of 4 practices per week

Out-of-Area Athletes (in-state) Average of 3 out of 4 practices per week

If you have any questions or concerns please contact our head coach (listed below):

- Head Coach Doug Eichstaedt (dougichstaedt@gmail.com)

JUNIOR OLYMPIC TOURNAMENT INFORMATION:

Where: Palo Alto, CA

- Boys- Session 1: July 21-24th, 2018
- Girls- Session 2: July 25-29th, 2018