



## Lyons Masters Swim Team for women & men aged 18 to 100

*Why let the kids have all the fun?*

We practice 3 times a week at the best facility in the Western suburbs – Lyons Township High School – South Campus 4900 S. Willow Springs Rd. in Western Springs on Tuesday & Thursday evenings and Saturday mornings. All abilities welcome.

Contact Megan at [lyonsmasters@gmail.com](mailto:lyonsmasters@gmail.com) or John at (708)354-4613 for more information