



Lyons Aquatics Fall/Winter Tryouts

Please attend **ONE** tryout day

When: Monday August 20th **at South Campus**

Pool

Time: 6:00pm-6:45pm – 8&unders

6:45pm-7:30pm – 9&10yr olds

7:30-8:00pm – 11&up OR swimmers

transferring from another age group swim team.

(Transfer example: Champs, Stars, Ultimate – NOT a summer swim club i.e. Waves, LFC, VFC)

MONDAY 8/20 Location:

Lyons Township High School **SOUTH**
Campus Pool

4900 S. Willow Springs Rd Western
Springs.

(Parking & Pool information- the pool is located at the North end of the campus, closest to the Mariano's shopping center. There is a large parking lot at the pool.)

When: Tuesday August 21st **at NORTH**

Campus Pool

Time: 5:30pm-6:15pm – 8&unders

6:15pm-7:00pm – 9&10yr olds

7:00-7:30pm – 11&up OR swimmers

transferring from another age group swim team.

(Transfer example: Champs, Stars, Ultimate – NOT a summer swim club i.e. Waves, LFC, VFC)

TUESDAY 8/21 Location:

Lyons Township High School **NORTH**
Campus Pool

100 S. Brainard Rd. Lagrange
(Parking is available in the lot to the West of the school along Cossitt (at Blackstone) and along Burlington Ave) Pool entrance is at the North/East end of the building at Burlington and Brainard.)

Fall/Winer Season: Sept 11th – Mid Feb

Practice Times- [TBA](#)

Group Descriptions: [Click Here](#)

WHAT WILL MY SWIMMER BE ASKED TO DO?

Swimmers will be asked to swim one length (25yds) of the pool freestyle, backstroke, breaststroke and butterfly. For placement on our developmental WHITE Team, swimmers should be proficient in Freestyle and Backstroke. See Group Descriptions for a complete explanation of our teams.

Your swimmer must be able to complete these requirements unassisted and without stopping. Swimmers must be comfortable in deep water.

WHAT SHOULD MY SWIMMER BRING?

Your swimmer should wear a competitive swim suit and a pair of goggles. Towels can be left in the locker room. We recommend bringing a lock for personal belongings in the locker room or keeping them with a parent.

****Per USA Swimming, and for your athlete's protection, parents may not observe from the pool deck.** The observation balcony will be available to view the tryouts.

Questions? Please contact Coach Julie Jackson - lyonscoachjuliej@gmail.com