

Lyons Aquatics Tech Suit Recommendations

The following is a guideline to assist you as a parent as to when your athlete should wear tech suits, or wear team suits or similar. These are simply a recommendation, and not a requirement. We recommend the following for a few reasons. One, we do not want the swimmers thinking that the suit is what makes them go fast. Two, these suits are a large investment of money that we do not want you to feel pressured to spend. Three, the focus should always be on bettering the swimmer through the process of training and technique, not because of a “magic suit.”

10 & Unders should never wear a kneeskin such as LZR X, Carbon Pro, or any other kneeskin. These suits are designed for those athletes who are older and bigger. A much better option for these athletes would be an aquablade type suit, or our team suit.

11 & overs should only wear tech suits at swim meets that require qualifying times, such as Indy, Regionals, and State or above level meets. Please check with the swimmer’s coach should you have any questions. Also, should you desire to purchase a technical suit, please visit Urban Tri Gear to receive a proper fit.

Here is a list of some suits that are recommended for the 11 & overs:

SPEEDO: Classic hip cut, or kneeskin

AQUABLADE

(Male & female)

POWER PLUS (female)

FASTSKIN 2/FSII

(Male & female)

LZR PRO

(Male & female)